



Consultation

You will be given an appointment to see one of our highly qualified consultants.

Before you come to the appointment, we recommend you to do the following:

- 1- Browse through our website (particularly FAQs): <http://www.profam.co.uk>
- 2- Complete the health questionnaire (as much as you can) which will be sent to you by the help desk.
- 3- Obtain any information related to your health and well-being to bring with you.

The appointment is about one-hour long during which the following will be covered:

- 1- Detailed assessment of your general well-being and eligibility to proceed with the ovarian tissue freezing
- 2- Detailed counselling based on the most recent evidence about the benefits, the risks and the expected outcome of ovarian tissue freezing
- 3- A test that looks at the most reliable indicators of the ovarian reserve (how much storage you have in your ovaries)
- 4- An internal ultrasound scanning which aims not only to exclude any unexpected abnormalities but also will look at the number of the small follicles into your ovary (another reliable indicator of your ovarian reserve)
- 5- The consultant will take you through the consent form and if you are happy, you will be asked to sign it. You will be given the consent form and you can still change your mind afterwards.

After the consultation, you will be given an appointment to see the specialist nurse. Your appointment with the nurse will be for the following:

- 1- Answering any question, you have after your initial consultation
- 2- We will go through the process so you can make any necessary arrangement
- 3- The consent form will be confirmed so official booking will be confirmed.
- 4- If you did not have a test for infection screening, the test will be taken.

You will be given a contact number and email address for any further enquiries or questions.

If you opt to have the consultant and the nurse appointment on the same day, arrangements can be made.